

Help Shape the Future of Health Research

The Yorkshire and Humber Secure Data Environment (SDE) works with the NHS, researchers, and local communities to improve people's health and wellbeing using data.

To make the best decisions, the Yorkshire and Humber Secure Data Environment team want young people to get involved, share their views, and help shape how health research is done and how services should improve.

Your views matter because they reflect real-life experiences - especially the lives of young people.

Who can be involved?

- Young people aged 16-24 years
- Live in Yorkshire and Humber.

If you are already 24 years, you can still apply. Alternatively, you could request to join our public advisory group by emailing yhsde@bthft.nhs.uk

How to join the group?

👉 Complete this [short form](#) where you can tell us about yourself and why you'd like to join.

What is the Yorkshire & Humber Secure Data Environment? 🔍

The Yorkshire and Humber Secure Data Environment is a secure NHS system that creates a safe space for research.

Only approved people can look at the data, and only for specific research projects. Personal details like names and addresses are removed from the system, so people cannot be identified.

This allows researchers to study health data safely to help improve the NHS and other services. For example, researchers might look at health trends or find better ways to care for patients in the future.

For a video explanation of the Secure Data Environment visit the [Understanding Patient Data website](#) or click on this QR code:



What is health research?

Health research is about learning how to improve health and care services for people and patients. You will learn about this throughout the sessions you attend.

Health research helps:

- Improve NHS services
- Develop new treatments and medicines
- Make health care fairer and better for all

What is the Yorkshire and Humber Secure Data Environment Young People's Advisory Group?

The Young People's Advisory Group is a new group of young people aged 16–24 from across Yorkshire and Humber. All training, support and information will be provided.

You'll be involved in...

- Sharing your ideas and opinions
- Helping shape content like videos, social media and website content to make the Yorkshire and Humber Secure Data Environment young person friendly
- Learning about health data and how research works
- Working with other young people who want to create positive change
- Working on enhancing your skills

As a young advisor, you'll share your experiences - such as using NHS services, accessing health information, your views on data privacy, and how comfortable you feel about your information being used for research, helping to make sure young people are properly represented in important conversations.

Your work will support NHS staff and researchers to ensure young people's voices are heard and reflected in decisions.

Time commitment, session structure and support

For online session, you will need a device (laptop or tablet) with Wi-Fi, a camera and a working speaker so you're able to get involved properly. If you need any adjustments or extra support, we'll work with you to make sure you can take part.

You will have a named contact person who you'll be able to email, text, or call for any support needs or questions you might have.

To make sure everyone has the best experience, we kindly ask to have your camera turned on in online sessions.

- One session per month
- The session will be 1h 30 minutes long (unless agreed otherwise)
- Sessions will take place online over Teams or Zoom
- In-person sessions will take place 1-4 times per year depending on the group's preferences and availability

If you move away from the region, you can talk to us about whether you can continue online. Your involvement with the group can be for up to two years.

Benefits of joining the group? ✓

By being part of the Young People's Advisory Group, you'll get lots of benefits, including:

- Build skills for your CV, college, or university applications
- Help make sure young people's voices are included in decisions on how data is used for research
- Gain experience in healthcare research
- Receive a voucher for your time
- Learn about research in the NHS
- Meet new people and make new friends
- Have travel costs covered for in-person sessions
- Get opportunities to travel and join events

You'll receive a £30 voucher for each session lasting 1.5 hours and you will receive a voucher for any training sessions to reimburse you for your time and contributions.

If sessions are different to normal, your named contact will let you know if there are any changes to how much you'll get for a session and the reason why.

Before each session, voucher details will always be shared with you before each activity.

The vouchers are simple to use and can be redeemed for shops such as Tesco, Primark, ASOS or Deliveroo.

You will be reimbursed for your travel costs for in-person sessions.

Get in touch

If you have any questions or would like to get in touch with us, please email yhsde@bthft.nhs.co.uk